



Health Planning Council

Long Term Care Committee Work Plan

Demand for LTC services are expected to increase with the aging of the population and associated debilitating diseases. At the same time, constraints in resources make improved coordination of services and reassessment of the effectiveness and the administration of services imperative.

The Committee usually meets the first Friday of the month, noon – 1:00; exceptions are during the summer and for holidays. Check with bfalcao@hsctc.org (or 607-273-8686) for details or to join the committee.

Goal A Monitor the effect of budget cuts on the delivery of Long Term Care Services.

1. Invite agencies to talk to the group about reduced services due to budget cuts and advocate for adequate funding of LTC services at the local, State and Federal levels.
2. Identify problems resulting from budget cuts as well as attempts to mitigate them.
3. Communicate with legislators about the impact of budget cuts.

Goal B Conduct a Long Term Care Needs Assessment.

1. Describe and obtain details about existing LTC services in Tompkins County.
2. Identify the unmet needs, and project the needs into the future.
3. Develop recommendations and work with other agencies to implement where possible.

Goal C Facilitate inter-organizational planning, identify needs and encourage coordination of services.

1. Monitor changes in existing LTC programs in TC and their effects on the population.
2. Monitor community needs for staffing of residential health care facilities and home care agencies and advocate for recruitment; encourage youth to consider health careers.
3. Continue community outreach on family caregiving.
4. Promote Advance Care Planning through the Sharing Your Wishes initiative and the On My Own Terms Coalition; become more familiar with MOLST (Medical Orders for Life-Sustaining Treatment form).
5. Promote safety through the use of appropriate medical equipment.
6. Participate with the NY Connects implementation.

Goal D Monitor proposed State and Federal legislation, regulations, and initiatives to determine effect on services, and publicize and advocate as appropriate.

1. Monitor and promote LTC access through reform legislation and education, including information about the potential effects of proposed NYS Medicaid Reform.
2. Keep abreast of LTC initiatives at the state level, such as Assisted Living regulations, pain management and the Olmstead decision and monitor their status within TC.
3. Monitor Medicaid and Medicare managed care development for the LTC system.
4. Gather information on Assisted Living NYS regulations and new Medicaid waivers and their potential impact on services.

Goal E Collect information on related topics and identify needs as resources allow, e.g. EPIC and Medicare changes, HIICAP, Medicaid eligibility revisions, and programs that maintain health.

Goal F Further develop the LTC Committee expertise by active sub-committee participation.